

# Continuous evaluation for feedback

Date:

Place:

Give a rating between 1 and 10, with 10 being the highest.

1. We meet with the right frequency
2. The meetings seem to be prioritised equally by both participants
3. My mentor/mentee listens actively
4. The meetings are well structured
5. There is enough time for reflection
6. New thoughts and ideas come up in the meetings
7. The discussions often lead to changes in behaviour